



# CREATE

## Couple Relationships and Transition Experiences

2186 couples from Across the U.S. Participated in Wave 1 of the CREATE Study

### Marital Quality



93% say that their marriage is among their top priorities

77% say they are happy in their relationship



#### How Often Couples Disagree

- Never
- Rarely
- Sometimes
- Often



42% have thought at some point that their marriage may be in trouble

### Marital Context

81% of couples are in their first marriage



48% Have children

28% did not live together before they were married



31% lived together for 5 or more years before they were married



### Health

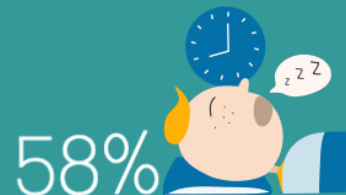


87%

Felt, in general, that their health was good to excellent

30%

experienced some type of depression symptom in the last week



58%

said their overall sleep quality was at least "fairly good"

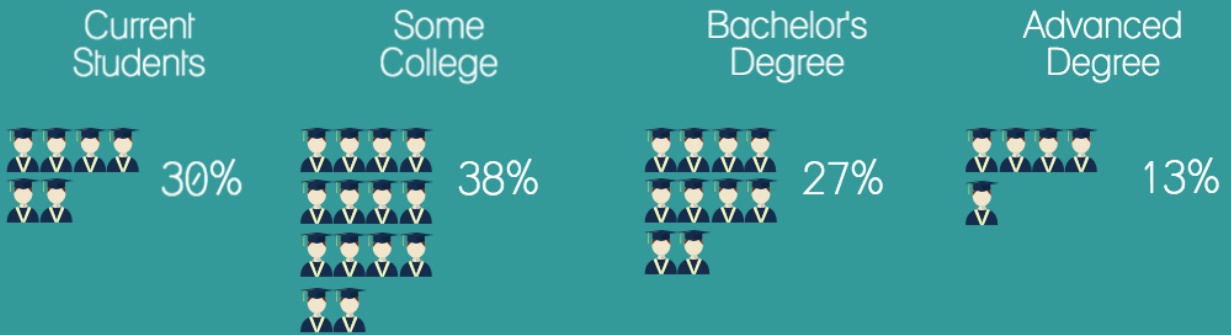
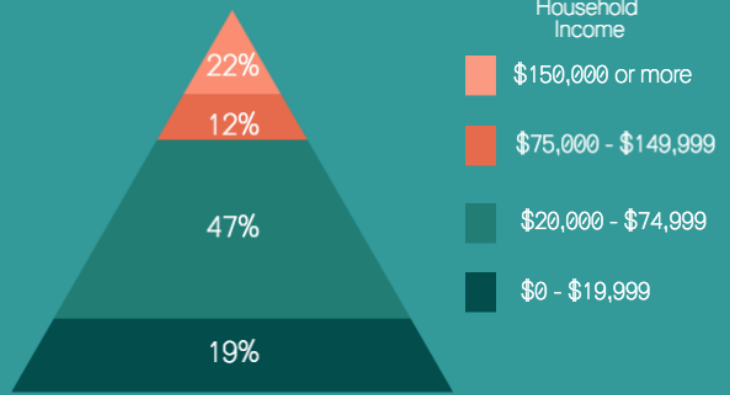
Most commonly reported physical health symptoms :

1 head ache

2 back ache

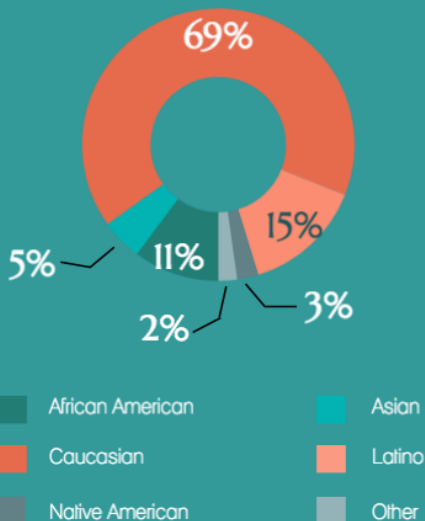
3 sore muscles

# Education & Employment



# Demographics

## Race



## Religion

